

Issa Al Hout

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Passionate and experienced PE Teacher with a strong background in athletics coaching, sports team management, and extra-curricular activities coordination. I excel in leadership, creativity, and fostering lasting connections with students and players. Recognized for building strong bonds with students and receiving accolades for outstanding performance. Committed to contributing to a dynamic team and making a positive impact on the community through physical education. As a qualified Educator, my goal is to shape young individuals, promote the benefits of physical education, and instill essential life skills. My educational background and determination drive my passion for promoting physical education and improving the lives of young people.

- **AWARDS**

Emirates Airline outstanding attendance award. Dubai, UAE (2015).
Njom star award for outstanding performance. Dubai,UAE(2024)
Granted an award for providing Brand-hearted services by the Intercontinental Hotel.

- **EDUCATION**

University of Jordan, Amman

Bachelor's degree , Sports and Physical Education.

Al Fuhais Secondary School ,Amman

Management Information System Stream.

Westford University (LJMU), Sharjah

PGCEI- Post Graduate Certificate in Education international.

Fitness First Academy (Active IQ) , Dubai

Diploma in gym instructing & personal training (REPS).

Bali Bisa School , Bali

Diploma in SPA & Salon Management Level 4 (VTCT).

- **LANGUAGES**

English: High proficient.
Arabic : Native speaker.

- **SKILLS**

Athletic coaching.
Sports Team management
Leadership
Creativity
Extra-curricular Activities
Coordination
Interpersonal Communications
Management skills
Administrative Skills
Computer Skills
Project management
Spa Management
Customer Service
Customer Relations
Microsoft Office
Collaboration
Problem solving
Microsoft Office
Adaptability
Leadership
Hospitality
Sales
Marketing
Coaching

- **Courses**

-First AID (BLS-ACLS) by
NHCPs

-Fitness instructor by New
skills academy

-Swimming coach course.
(FINA)

-Aerobic course. (Hashemite
University)

-Physiotherapy
Course.(University of Jordan)

-Body Massage Course.
(University of Jordan)

-Water Rescuer Certificate
Lifeguard. (Jordan Youths
Leaders Preparation)

- **EXPERIENCE**

National Orthodox school -pastoral care leader

july 2024 - PRESENT

- Determine potential risk and co-ordinate early intervention as appropriate
- Working with support from the key stage hub team and tutors to manage behavior incidents.
- To liaise with social workers and other relevant support agencies to ensure that all families, vulnerable children and young people receive the care and protection they require.
- Monitoring and ensuring that all child protection plans are maintained and implemented.
- Working with senior leaders to support and champion activities which promote safeguarding, emotional health and wellbeing across the school.
- Acting as a Deputy DSL and assist the Designated Safeguarding Lead with safeguarding issues, including the management of confidential records and attendance at meetings.

Fitness Personal trainer & swimming Coach-freelancer.

January 2014 - PRESENT

- Conduct fitness assessments to establish client fitness levels and develop personalized training programs.
- Monitor client progress and adjust their training program as needed to ensure continuous improvement.
- Provide nutritional advice and create diet plans that complement the fitness regimen.
- Build and maintain positive relationships with clients to encourage a loyal clientele.
- Teach and improve swimming techniques to childrens and adults.

Emirates Airline, UAE — team supervisor (service)

September 2012 - April 2024

- Guiding and managing the cabin crew team by ensuring that all safety procedures, protocols and standards are followed.
- Writing reports to management in order to develop our products and services by implementing new ideas that may facilitate the working procedures and improving the standards.
- Providing high standards of customer service to our customers by combining hospitality techniques with guest relations development, ensuring their overall experience is outstanding.

- **Courses**

-IB:Making the PYP happen in the early years: Implementing agency - Cat 1 (Taaleem School)

-Cross Cultural Communication in the Workplace. (Emirates Airline)

-Time Management for Busy Leaders. (Emirates Airline)

-Attended Leadership training course. (Emirates Airline)

-Attended Using Strategic Thinking skills course. (Emirates Airlines)

-Working with Others- Build Trust to Promote Creativity.(EmiratesAirline)

-Selling and Marketing Your Products. (Emirates Airline)

-Hospitality Learning Experience. (Emirates Airline)

-Feedback & Coaching Skills Workshop. (Emirates Airline)

-Improve Presentations and Executive Presence. (Emirates Airline)

-Speak English Professionally: In Person, Online and on the Phone.

-Musculoskeletal Health and Prevention of Injuries. (Emirates Airline).

-Motivating and Engaging Employees. (Emirates Airline)

-Building Business Relationships. (Emirates Airline).

- **References:**
Upon Request

IAA school, Amman — PE teacher and lifeguard

December 2011 – September 2012

- As a PE teacher at IAA school, I had the opportunity to promote physical fitness and wellness among students.
- I designed and delivered engaging physical education lessons that catered to the diverse needs and abilities of students.
- I utilized my expertise in sports and physical training education to provide comprehensive training and guidance to students. Additionally, I coordinated sports events and extracurricular activities, fostering a positive and inclusive environment for students to develop their skills and passion for sports.

Intercontinental Hotel, Amman — Fitness Instructor

January 2009 – December 2011

- Leading clients to achieve their fitness goals through goal setting, progress tracking, and motivational coaching.
- Guide clients through exercise routines, ensuring proper form and technique to prevent injuries.
- Promote additional services and products offered by the SPA to clients

Volunteering as course instructor – Hope for youth empowerment

January 2024 – present

- Active Living for Seniors.
- Mastering Customer Service.
- A Comprehensive Healthy Lifestyle Course.